

Client Newsletter



I am sure like me; you cannot believe that there is less than 60 days until Christmas. As we find ourselves nearing the end of another year, it's incredible to reflect on how quickly time has flown by. It feels like just yesterday I was starting with CHS when in fact it has now been 6 months.

It has been a very busy year for everyone at CHS and we are all looking forward to a little break over the Christmas period. The office will close at 12pm on December 24th with some staff back in the office from Monday December 30th.

These last few months have been packed with successful activities and achievements. We've introduced a hybrid model of care service to meet ATO and Fair Work legislation, we have had the opportunity to celebrate client significant birthdays and we are starting to undertake training and education around the new Aged Care legislation.

Despite the hectic pace, it's important to recognize the progress and positive outcomes we are experiencing. The busyness of our service is a testament to all of the team at CHS dedication and hard work and belief in the services we provide. We've managed to accomplish so much and it's all thanks to the collective efforts of our incredible team and community.

It is here I would like to thank outgoing Chair of the Board of Management Angela Goble. Angela led the Board through many changes over the last 3 years and supported the staff through the management changes. We wish her all the very best with her new found free time. At the same time we welcome Ken Watt to the role of Chair of the Board of Management. Ken is starting his second term on the Board.

So, as we prepare to for the end of the year: Christmas and hopefully the opportunity to spend some time with those special to us, lets also celebrate a year of growth, learning, and resilience.

Regards, Donna CEO

Shingles Vaccine

Since November last year, the Shingles Vaccine is now free for those over 65.

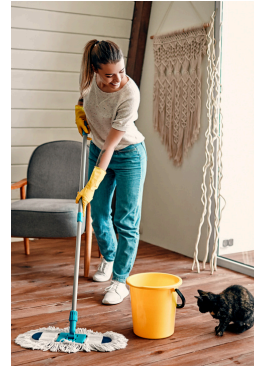
Shingles is a viral infection that causes a painful, blistering rash. It is caused by the varicella-zoster virus, which is the same virus that causes chickenpox. You can only get shingles if you have had chickenpox in the past.

To find out more information about shingles and where to get the vaccine, visit <https://www.health.gov.au/topics/immunisation/vaccines/shingles-herpes-zoster-immunisation-service>

Safety Reminders

Keeping you safe when contractors are mopping

One of the most common cleaning tasks our Home Care Workers do is mopping the floors. Please remember to avoid these areas while the floor is wet as they are a slipping hazard.



Packing away your electric blanket

As the evenings get warmer, we may start to think about packing away our electric Blanket. Here are some safety tips to keep in mind:

- Never wash or dry clean an electric blanket unless the manufacturer's instructions indicate that it is a "washable" type that can be laundered. Always follow the manufacturer's instructions.
- Never fold an electric blanket to store it. Roll it up carefully to avoid kinking the elements and store it safely where nothing will be placed on top - or simply leave it on the bed switched off and unplugged.
- Regularly inspect your blankets for wear or damage:
 - Lay the blanket on a flat surface and look for scorch marks, kinks, creases or lumpiness which may indicate a problem. Run your hand over the blanket to check for sharp wires which may be protruding. If you locate these, discard the blanket immediately.
 - Check for damage where the cord attaches to the controller and the blanket, and check the switch for cracking, discolouration, heat marks or other damage.
- If you find any signs of damage, replace the blanket with a new one.



Replacing Air Conditioner Filters

The air conditioner filter pulls pollutants like dust, pollen, dirt, mould, animal fur, bacteria, and more. Over time, germs and grime will clog the filter, if you have an air conditioner with a filter then consider having the filters cleaned before you need to use them this summer.



Home Care Workers allotted time

It is important to know that our Home Care Workers need to provide their service for the full amount of time they have been allocated. If they decide to leave early, then please contact the office and let us know.

Country Home Services CHSP Service Terms and Conditions

If you are a client currently receiving CHSP services you should have received a copy of our updated Service Terms and Conditions with your last account. If you did not receive a copy of this document and would like a copy, please contact our admin team - 1300 773 202 and they can arrange for a copy to be sent to you.
